

Peak & Parks Junior Ranger Record Book

Name: _____

Group: _____

Date joined: _____



Programme Areas Overview

Programme Areas	Overview	Level 1	Level 2	Level 3
Access, recreation & tourism	Navigation & outdoor safety First Aid skills Events	Navigate and be safe in the countryside Attend an event	Know how to lead others safely in the countryside Help out at an event	Lead others safely in the countryside Complete a first aid course Understand requirements of different users
Landscape & geology	Geology & landscape history How the landscape is managed	Take part in a practical maintenance task	Use different tools for different tasks	Inform others about the geology and landscape Help set up a practical task and give guidance to others
Ecology, habitat & biodiversity	Flora & fauna Surveying	Identify different species Undertake surveys	Record information from surveys accurately	Advise others on species Use information from activities & surveys for the bigger cause
Cultural heritage	Explore historical sites Discover human history	Understand what is meant by cultural heritage Identify & visit a heritage asset or feature	Undertake research on a heritage asset	Conduct a condition survey of a heritage asset Produce an action plan for managing your chosen asset
Environmental sustainability	Look to the future How resources are managed	How can our areas help the future? Take part in a project	Understand conflicts Get involved in an activity to protect your area for the future	Be able to inform others about the importance of your area and how it is threatened
Communities, stakeholders & partnerships	Understanding issues Find out about other groups & organisations	Identify local issues Find out about local partners	Attend an activity to help one of your partners Find out about stakeholders	Take action to benefit your local community Independently undertake an activity with a partner

Sign-off Sheets

Your leader will stamp / sign the boxes when you have completed all of the required activities

Access, recreation & tourism					
L E V E L 1	Navigation	Hill Safety	First Aid	Events	Working with others
L E V E L 2	Navigation	Hill Safety	First Aid	Events	Working with others
L E V E L 3	Navigation	Hill Safety	First Aid	Events	Working with others

Landscape & geology

L E V E L 1	Geology & Landscape	Landscape & Management	Maintenance
L E V E L 2	Geology & Landscape	Landscape & Management	Maintenance
L E V E L 3	Geology & Landscape	Landscape & Management	Maintenance

Ecology, habitat & biodiversity

L E V E L 1	Ecology	Habitat	Biodiversity	Legislation
L E V E L 2	Ecology	Habitat	Biodiversity	Legislation
L E V E L 3	Ecology	Habitat	Biodiversity	Legislation

Cultural heritage

L
E
V
E
L
1

Historic buildings, sites and monuments

L
E
V
E
L
2

Historic buildings, sites and monuments

L
E
V
E
L
3

Historic buildings, sites and monuments

Environmental sustainability – caring for the future

L E V E L 1	Resources, climate change & pressures on the environment	Sustainability
L E V E L 2	Resources, climate change & pressures on the environment	Sustainability
L E V E L 3	Resources, climate change & pressures on the environment	Sustainability

Communities, stakeholders & partnerships			
L E V E L 1	Local communities	Stakeholders	Partnerships
L E V E L 2	Local communities	Stakeholders	Partnerships
L E V E L 3	Local communities	Stakeholders	Partnerships

Level 1 completed, date: _____

Signed: _____

Level 2 completed, date: _____

Signed: _____

Level 3 completed, date: _____

Signed: _____

Competence Checklist for Level 3

Programme Areas	Activities	Level 3	Date	Signed
Access, recreation & tourism	Navigation & Hill Safety	MTE Hill Skills		
	First Aid	First Aid Certificate		
	Events – Planning & leading	Undertake a risk assessment		
		Be involved in the booking of facilities and staff		
		Be involved with planning the activity		
		Understand the implications regarding ratios and under-18s		
		Be involved with producing any relevant paperwork		
		Work with your leader to produce a contingency plan		
		Give clear, concise instructions, ensure the whole group can hear you and are listening. Stand in an appropriate position.		
	Working with others - User groups	Take an interest in what the group is doing at all times		
		Answer questions related to the activity		
		Act confidently		
		Listen and be sympathetic to all users but follow your organisation's guidelines when talking to different users, eg; wild campers, MTBs on footpaths		
Landscape & geology	Geology	Have a good knowledge of the basic geology of your area		
	-Inform others on the geology & landscape of your area	Be able to identify 4 factors that have shaped the landscape (at least 1 physical & 1 human)		

Landscape & geology		Make a resource to show the geology and human factors on a landscape of your choice			
	Landscape & management - Help set up a practical task, giving guidance to others - Be able to help supervise the use of tools	Have taken part in at least 4 different tasks			
		Undertake a risk assessment			
		Be involved in the planning of an activity, taking into account the group, staff, facilities, tools required and the weather			
		Hand out tools and explain clearly how they are to be used. Ensure all tools are collected in at the end of the session			
		Monitor & help supervise the group at all times			
		Ensure the activity is undertaken safely, challenging any unsafe or inappropriate behaviour			
		Maintenance - Help set up a practical task, giving guidance to others - Be able to help supervise the use of tools	Have taken part in at least 4 different tasks		
	Undertake a risk assessment				
	Be involved in the planning of an activity, taking into account the group, staff, facilities, tools required and the weather				
	Hand out tools and explain clearly how they are to be used. Ensure all tools are collected in at the end of the session				
	Ecology, habitat & biodiversity	Ecology	Have undertaken at least 4 different activities looking at species both in your area and further afield		
		- Be able to inform others on the flora and fauna in your area	Be able to identify 4 different trees found in your area		

Ecology, habitat & biodiversity		Be able to identify 4 different plants / flowers found in your area			
		Be able to identify 3 birds and their calls found in your area			
		Using field guides and other resources help others to identify flora and fauna			
	Habitat - Understand the relationships between species and their habitat characteristics		Identify at least 3 different habitats found in your area		
			Describe the different habitats in your area and how they are influenced by the landscape		
			Explain how habitats are influenced by the weather		
			Identify species that are specific to the habitats found in your area		
	Biodiversity & biosecurity - Be able to take part in surveys independently and use your results		Carry out a survey independently		
			Use your results to help a bigger cause, eg; Garden Bird Watch or Citizen Science project		
			Understand the work of at least one other organisation that seeks to protect wildlife		
	Legislation - Know how wildlife is protected		Know about wildlife crimes and how to report them		
			Understand the importance of at least 2 other protected area designations		
	Cultural heritage	Identify & research assets	Be able to explain to others what heritage is		
Know where to find information on historic buildings, sites and monuments					

		Carry out background research on a heritage asset of your choice			
		Identify the 5 different types of heritage asset in your area (include both built heritage and archaeological heritage)			
		Survey & record	Survey and record a heritage asset – written, photographic or drawn		
	Environmental sustainability – caring for the future	Resources	Carry out a condition survey of a heritage asset, identifying risk and threats		
			Produce an action plan recommending which threats need managing and how this might be achieved		
		Inform others about the importance of your area for the future in terms of climate change, resources and habitats and how they are threatened by many different pressures			
Sustainability	Make your voice heard about how you are standing up for your area, eg. social media, write an article for the newsletter				
	Take action to reduce the environmental impact of your activities				
Communities, stakeholders & partnerships	Local communities	Share a positive message about your actions and their impact			
		Take action to do something positive in your local community related to the environment / outdoors / conservation			
	Stakeholders	Understand how a task you have undertaken links to a particular stakeholder			
Partnerships	Independently undertake an activity with one of your partners, eg. PPCV, RSPB				

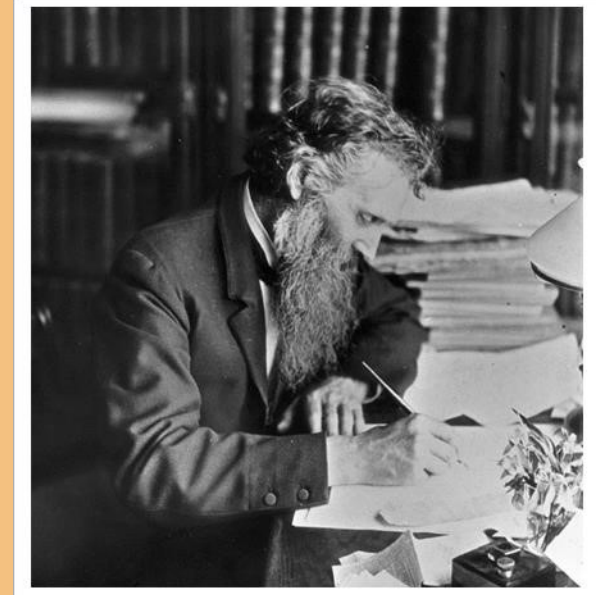
Level 3 completed, date: _____

Signed: _____

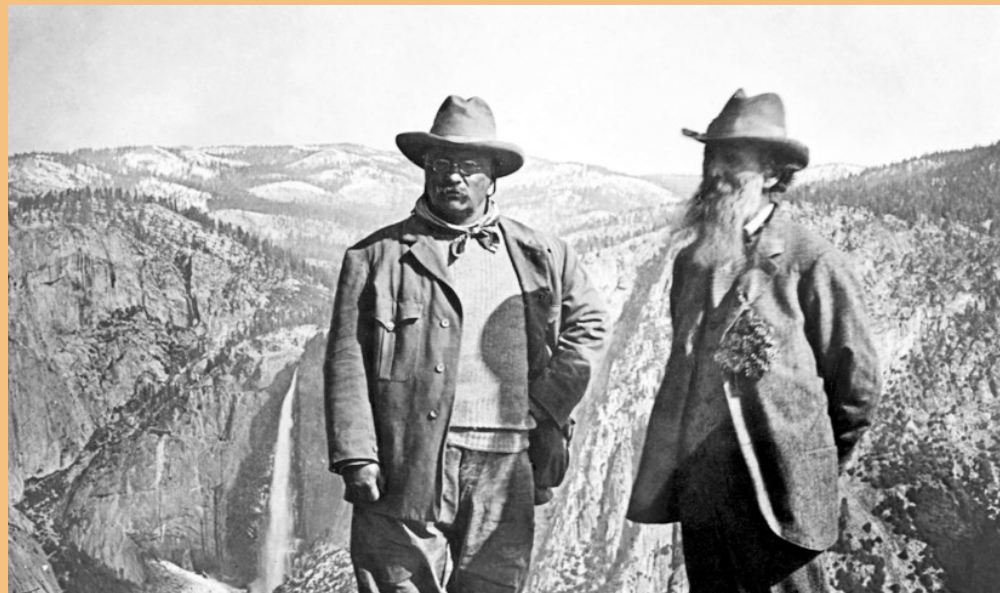
John Muir 1838—1914

Born in the Scottish port of Dunbar in 1838, John Muir emigrated to the USA in 1849. Here he became the founding member of the conservation movement and devoted his life to safeguarding the world's landscapes. At home in the wild, John Muir made countless expeditions amongst forests, mountains and glaciers. He has inspired with his writing and passion for wild places. He influenced the creation of Yosemite National Park (one of the first National Parks), was a founding member of the Sierra Club, and campaigned for the protection of areas of North America's wilderness against commercial enterprises which threatened to destroy their beauty.

John Muir showed the people of his time, and ours, the importance of experiencing and protecting our natural heritage. His personal and determined involvement in the nature conservation questions of the day was, and remains, an inspiration for all of us.



“Thousands of tired, nerve shaken, over-civilised people are beginning to find out that going to the mountains is going home”



“Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul”

JOHN
MUIR
AWARD

wild places:
DISCOVER
EXPLORE
CONSERVE
SHARE

For more information: www.johnmuirtrust.org/john-muir-award

