



At the **Peak District National Park**, we are running a fully funded **Green Action** programme to provide inspirational experiences for young people aged 12+.

Participants will take part in a series of progressive experiences led by our *Green Beacons* (trained educators, youth leaders and volunteers); this will consist of a minimum of 2-day visits and a 2 night residential stay. The programme will tailor to your groups needs, and can include introductory activities at your local setting, day visits out to one of our Environmental Education Centres in the Peak District, and culminating in an unforgettable 2 night residential provided by the YHA, set in the inspirational landscape of the Peak District National Park.

All experiences are designed to grow nature connectedness as a means to enhance physical and mental health and wellbeing benefits by spending time exploring and immersing themselves in the natural world and take part in practical **Green Action** as custodians for the landscape #PeakDistrictProud.

Participants will be guided through the John Muir Award, see our website for more information on the award John Muir Award: Peak District National Park

#### What we will provide:

Residential stay with catering provided through project funding Activity provision provided in line with sample programme Travel grant available upon application for groups most at need PPE & activity equipment provided

## What you will provide:

Groups will need to provide their own suitable clothing for the weather and terrain. Please bear in mind you will be undertaking messy conservation work so bring some clothes that you don't mind working in

Contribution to travel for day visits may be required.

### Programme example:

1 <sup>st</sup> session	2 <sup>nd</sup> session	3 <sup>rd</sup> session	4 <sup>th</sup> session
DISCOVER	EXPLORE	CONSERVE	SHARE
Identify a wild place, or	Consider how to	Care for your wild place,	Let others know what
multiple places, on	experience, enjoy and	take personal	you've done – your
which to focus your John	find out more about your	responsibility, make a	achievements, feelings,
Muir Award activity	wild place.	difference and put	what you learned -
		something back.	celebrate!

This could be local to youth groups own site, or in the PDNP.	YHA Ilam Residential day 1	YHA Ilam Residential day 2	This could be local to youth groups own site, or in the PDNP
District National Park,	' <i>'</i>		

# **Example residential programme:**

D 437.4	
DAY 1	Depart school on coach & travel to YHA
Explore	Arrive and drop off bags into storage
	Collect packed lunches
	Day Activity #connecting to nature - navigation & mindfulness. Focus on gaining skills in using maps to explore the local countryside. Immerse into nature through mindful activities.
	Access rooms
	Dinner – all catered
	Evening Activity #dark skies
	<ul> <li>Overnight in YHA bunk accommodation – under school staff supervision,</li> </ul>
	no project leaders support.
DAY 2	Breakfast & collect packed lunches – all catered
Conserve	Day Activity #caring for nature - focus on gaining practical conservation
	and habitat management skills. Learning to look after our countryside, and
	what lives there. This could be improving habitats for birds, bugs and bees,
	planting trees or taking pro environmental behaviours in a social action.
	Depart on coach back to school

Activities are just suggestions; it would be nice to shape with your group and participants. Please fill in on the enquiry form.

## Dates and locations available, bookings are on a first come first serve basis.

Location	Date	Group size
Ilam YHA	3-4.11.21	30 young people + supporting adults
Ilam YHA	4-5.11.21	30 young people + supporting adults
Ilam YHA	16-17.11.21	30 young people + supporting adults
Ilam YHA	17-18.11.21	30 young people + supporting adults

## Eligibility criteria

Levelling the Green Playing Field is the aim that all of the *Green Pathways* must be accessible to the widest possible cross section of society and that extra effort must be made to understand and remove barriers to access for social groups that are currently

underrepresented in green spaces and the Green Economy. This means that 50% of participation is targeted to specific groups.

We have adopted a broad range of indicators to structure our support towards groups who will benefit the most. There are 3 sets of indicators, to be eligible for our priority list the group should meet any one of the criteria. We are reaching out to you, as we believe your group meets these targets and we would like to offer you opportunities to connect to a *Green Pathway*.

- 1. Geographically in a specified area (by postcode or index of multiple deprivation), low socio economic areas in the North and West of England.
- 2. >10% Free school meals for those in education.
- 3. Under represented communities

### **Next steps**

If your school is interested in taking part or would like further information on our **Green Action** residential programme please contact <a href="mailto:generationgreen@peakdsitrct.gov.uk">generationgreen@peakdsitrct.gov.uk</a> or phone our customer business support team 01629 816200 for an enquiry form.

We will then send you a detailed programme outline, risk assessments, residential provider information and booking forms.