



Team Building and Initiative Tasks

Thank you for booking. Please check all details on your booking confirmation form and the Risk Benefit Analyses.

Programme aims

To engage positively with the Peak District National Park and each other while enjoying its special qualities and learning more about each other.

An experience of:

- Positive achievement of group and personal goals.
- Working with and getting to know others in the group.
- Learning in the outdoors.
- A fun and safe day of activities in different environments in the Peak District National Park.

By the end of the visit students will understand:

- How the group can work together as a team to achieve their goals.
- How the individual can contribute to the success of the team through positive behavior.
- Different roles within a team (ie leaders, motivators, workers, ideas person) and how these roles are interlinked.
- More about their own abilities and how this can contribute to the success of the team through participation.
- More about individuals within their group on a more personal level.
- More about what makes the Peak District National Park a special place to come and visit and how it may be similar or different to the places where they live

Curriculum Links:

- English language, mathematics, personal development, art and design, geography and science.

Start time and meeting place: Please refer to your booking form. Meeting places can vary.

Please note that bus parking is limited at some locations. Large buses may have to drop students and then park at an alternative location.

Safety All our activities and sites are risk assessed. Risk assessments and health and safety information can be downloaded at:

<http://www.peakdistrict.gov.uk/learning-about/health-and-safety-notes>

Our staff to student ratios vary depending on age, and ability of the group and activities booked. All our leaders are first aid qualified.

Clothing Please ensure that children are wearing warm outdoor clothing. Waterproof jacket, Wellies or stout shoes are advised for all visits.

Behaviour Teachers are responsible for good behaviour, discipline & lunch time supervision.

Medical Information Please let us know about any allergies, medical conditions or special needs.

We strive to make our visits accessible to all. Many of our sites are accessible to people with limited mobility, but do discuss your particular needs with us before booking.

Payment Please note you will be invoiced after your visit for the number of children on the day.

Cancellation Please let us know as soon as possible if you have to cancel or if your numbers change significantly.

Weather We continue activities in all but the very worst weather so please make sure everyone comes prepared to be outside in the rain and cold!



Locations for activities: Padley Gorge, Castleton and other places around the Peak District. The availability of toilets and hand washing facilities will be dependent on sites. Please discuss with the course director before the visit.

On the day information:

- Meet at meeting place for chosen location (see booking form)
- Welcome and introduction to leaders and the Peak District National Park
- Objectives and outcomes of the day
- Staying safe

Activities

- Walking up to 2 km over a mixture of terrain
- Using a variety of initiative tasks to encourage team building as well as individual creativity and self esteem.
- Activities could include; den and raft building from natural materials, poison bog, geo-caching, great egg drop, special qualities of the PDNP card game, Andy Goldsworthy style art tasks etc.
- Activities will be chosen depending on location, weather and age/abilities of group.

Equipment and props used

- Natural Materials
- Minimal props to run team building tasks

Lunch

- Lunch will be taken at a suitable location on the walk if a full day is chosen. Hand washing facilities can't be guaranteed, so it is useful to bring some hand gel.

Insurance Our education service is covered by £10 million Public Liability Insurance Policy. Please ensure that your school or LEA has appropriate insurance cover.

Prior Some knowledge of the Peak District National Park would be useful but not essential.

APPS There are now available many different Apps which are useful for field work and are being increasingly used by schools and colleges on their trips. [Here are a few suggestions.](#)

Follow-up Work For further follow-up ideas and information, please see the education resources section of our [website](#)

Contact Details

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