



# Health and well-being





## Headlines

Our main focus must be on partnership working with constituent authorities and healthcare professionals. Ensuring the health and well-being of National Park residents will help to create thriving communities.

Key attributes of health and well-being are:

- a healthy built and natural environment
- accessible services
- shared space and community facilities
- open space
- recreation/sports facilities
- public rights of way
- clean air
- quality homes with a good design that meet the needs of an ageing population.

## Current position

The Core Strategy states development should encourage good health, safety and well-being (chapters 7, 8 and 10).

Policies deal with:

- the provision and retention of community services and facilities, including services important to health and well-being.
- shops, professional services and related activities.
- pollution/disturbance, contaminated/unstable land and minerals/waste development.



## What are the big issues for the Plan review?

Do residents feel that their health and well-being needs (physical, social and mental) are being met?

Do our policies promote health and well-being for residents and visitors?

Planning policy needs to be based on robust and up to date assessments of the need for open space, sport and recreation facilities and opportunities for new provision.

A Health Impact Assessment (HIA) should be undertaken on the revised Local Plan to ensure that policies create healthy, inclusive and safe places to live. The focus and key health determinants of the HIA need to be outlined within a HIA strategy.